

FOXES DEN

DIETARY GUIDE

CHICKEN

	Vegan	Vegetarian	Gluten Free	Dairy Free	Fructose Free	Refined Sugar Free	Preservative Free	Contains Nuts	Contains Onion	Contains Sesame	Contains Garlic	Contains Coriander Leaf	SpiceLevel
House			•	•	•	•	•						
Moroccan			•	•	•	•	•	Sesame		•			Mild

SALADS

Brown Rice & Sweet Potato	•	•	•	•			•	Hazelnuts	•			•	Mild
Soba Noodle	•	•		•		•	•	Cashews	•	•		•	
Grilled Greens & Peanut	•	•	•	•		•	•	Peanuts		•			
Roast Chicken & Vegetable			•			•	•		•	•	•		Mild
Cleansing (Miso Dressing)	•	•	•	•		•	•			•	•		
Bean & Broccoli	•	•	•	•		•	•				•		Med
Beetroot & Feta		•	•			•	•		•				Mild
Chimichurri Potato Salad		•	•	•		•	•	Almonds	•		•	•	Med
Bulgur & Preserved Lemon Tabouleh	•	•		•		•	•		•		•		
Summer Market	•	•	•	•		•	•						

CURRIES, SOUPS & MEATBALLS

Vietnamese Chicken Curry			•	•		•	•		•		•	•	Mild
North African Chicken			•	•		•	•		•	•	•	•	Med
Massaman Vegetable Curry	•	•	•	•		•	•	Peanuts	•		•	•	Mild
Meatballs				•		•	•		•		•		

SIDES

	Vegan	Vegetarian	Gluten Free	Dairy Free	Fructose Free	Refined Sugar Free	Preservative Free	Contains Nuts	Contains Onion	Contains Sesame	Contains Garlic	Contains Coriander Leaf	SpiceLevel
Chips with Salt	•	•	•	•	• (NS)	•	•		• (NS)				
Roast Vegetables	•	•	•	•		•	•		•		•		
Chicken Gravy			•	•		•	•	Sesame (T)	•		•		
Tomato Relish	•	•	•	•			•		•				
Aioli		•	•	•			•				•		
Chipotle Aioli		•	•	•			•				•		Med
Steamed Greens	•	•	•	•	•	•	•						
Sweet Potato Chips	•	•	•	•		•	•						
Brown Rice	•	•	•	•	•	•							
Herb Mayo		•	•	•		•	•						
Roast Potatoes	•	•	•	•		•	•						
Kids Brainfood Salad		•	•			•	•						
Fruit Salad	•	•	•	•		•	•						

ROAST CHICKEN ROLLS & SANDWICHES

Unbleached White Roll	•	•		•	•	•	•						
Gluten Free Roll	•	•	•	•	•	•	•						
The Classic Fox			• (GFA)	•		•	•	Sesame (T)	•		•		
The Fancy Fox		• (VA)	• (GFA)			•	•	Sesame (T)					
Fantastic Mr Fox		• (VA)	• (GFA)			•	•	Sesame (T)					Mild
Sly Fox		• (VA)	• (GFA)			•	•	Sesame (T)	•		•		
The Vixen		• (VA)	• (GFA)	•		•	•	Sesame (T)					
Raceday (unbleached white)				•			•						

HOMEMADE SWEET TREATS

Ginger And Polenta Biscuits		•	•	•		•	•	A & H					
White Chocolate & Macadamia Bliss Ball		•	•	•		•	•	A, C & M					
Cacao Bliss Ball		•	•	•		•	•	C & W					
Date And Lime Slice		•	•	•		•	•	Almonds					
Raw Peanut Butter Cup		•	•	•		•	•	Peanuts					
Fruit And Nuts	•	•	•	•		•	•	Various					

A – Almonds, **C** – Cashews, **H** – Hazelnut, **M** – Macadamia, **P** – Peanuts, **GFA** – Gluten Free Available, **ND** – No Dressing, **NS** – No Salt, **VA** – Vegetarian Available, **W** – Walnuts, **(T)** – Trace Amounts

Foxes Den makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies. In addition, we label items with possible allergen-containing ingredients; however, there is always a risk of contamination. Our facility prepares a range of types of foods and does use ingredients in some products that contain nuts, nut oils, wheat and dairy. As a result, trace elements maybe present. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Customers concerned with food allergies need to be aware of this risk.